

Cynthia Metzger, RDH, BSDH

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My career objective is to lend my years of clinical dental hygiene experience to improve dental care to communities and populations. Due to substantial empirical evidence linking oral and systemic health, my goal is to advance programs that encourage dental and medical collaboration to provide access to care in local and international communities, thereby improving systemic health. Education and leadership from the dental community are imperative.

Education

- ❖ **MSAH- Master of Science in Allied Health Candidate -Thesis Phase.**
Anticipated graduation date: December 2021
East Tennessee State University
Focus: Education and Administration

- ❖ **BSDH- Bachelor of Science Dental Hygiene - 2017**
2017
East Tennessee State University
Summa cum laude

- ❖ **AS- Associates of Science Dental Hygiene- 1981**
University of Mississippi Medical Center

- ❖ **Licenses in Tennessee**
 - Active Tennessee Dental Hygiene License in good standing
 - Local anesthesia administration
 - Nitrous Oxide administration
 - PHAST Start Laser training

Experience

- ❖ **Clinical Instructor - East Tennessee State University**
Director -Tabitha Fair, Ph.D., RDH
2019-Present
Responsibilities include supervising dental hygiene students in clinical and lab settings, evaluating students using skill evaluations and skill competencies, demonstrating dental hygiene procedures, and attending dental hygiene program meetings. Assisted in creating and implementing new COVID-19 protocols.

- ❖ **Dental Hygienist - Dr. John Soldano, DDS**
2008- present
Responsibilities encompass screening, evaluating, and assessing oral care, preventive practices, counseling oral and systemic health habits, oral cancer screens, non-surgical treatment & chronic care management for periodontal disease—building relationships one patient at a time.

❖ **Dental Hygienist - Dr. Jason Phillips, DDS**

2016-2019

Responsibilities of recruitment were to design and implement a periodontal program for a newly acquired practice. Other duties included updating their supply management and OSHA coordinator. Developed programs for effective periodontal maintenance and case management.

Other Related Experiences

❖ **Business Manager and Co-Owner of Jan Nielsen Development**

2002-2016

Responsibilities included managing financial books, reports & payroll, new home sales, contract negotiations and supervision, material and labor price negotiations, and warranty management, building relationships with clients, subcontractors, and vendors.

Skills

- Authored and delivered presentations for the local dental and medical community
- Connection and relationship-building skills
- Good administrative skills and training, including leadership and management
- Proficient in upgrading and assimilating new research into the current practice of dentistry and Periodontal hygiene
- Passionate about building links between dentistry and medicine. Dentistry is healthcare.

Professional Affiliations

- An active member of the American Dental Hygienist's Association and local affiliates
- Actively serving as Secretary of the Knox County Dental Hygienist's Association
- Delegate for the Tennessee Dental Hygienist's Association
- Thought leader and collaborator for TeethCloud Global Oral Health Initiative

Volunteer Work

- Rhone State Community College School of Dental Hygiene Mentor Program
- Trinity Dental Clinic, Maryville, TN

Presentations Authored and Presented

- Biologic Dentistry- Manhattan Study Group (OSST)
- In-service- The Learning Center, Cocke County, TN
- In-service- Prosperity Point, Knoxville, TN
- Case Study- Morris Evaluation and Training homebound patient
- Oral Pathology- A Dental Hygienist's Perspective- Manhattan Study Group
- Senior Care program- Dr. John Soldano, DDS

Research Advisory Committee

- Development of Clinical Practice Guidelines for Improving Oral Health in Individuals with Parkinson's Disease by Roxanne Gosnell