

KATRINA M. SANDERS

RDH, BSDH, M.Ed, RF

DENTAL HYGIENE FACULTY, KEY INFLUENCER,
AUTHOR, MENTOR, LIFE-LONG LEARNER


SPEAKING ENGAGEMENTS

Premier Periodontics, Milwaukee Hygiene Study Club	
Dentsply Sirona World	Nov 13-Dec 31, 2020
Colorado Dental Hygienists' Association	Nov 7, 2020
West Coast University	Oct 30-Nov 1, 2020
Carrington College	Oct 16-18, 2020
OraPharma Program	Oct 15, 2020
Santa Clara County Dental Society	Oct 9, 2020
Georgia Dental Hygienists' Association	Aug 28, 2020
RDH Magazine Virtual Roundtable	Aug 26, 2020
"No Cavities": a Futuristic Approach to Caries Prevention	Aug 24, 2020
University of Alabama School of Dentistry	Aug 1, 2020
Aegis Presents: COVID19 and the Problem with Dental Aerosols	Jun 29, 2020
DACE Presents: Creaky Joints and Bleeding Gums: RA and Periodontitis	Jun 22, 2020
Canadian Dental Hygienists' Association	May 14, 2020
American Dental Hygienists' Association	May 11, 2020
Rise & Thrive by dental intel.	May 1, 2020
Phoenix College	Apr 10, 2020
ACT Dental COVID19 Relief Conference	Apr 9, 2020
Utah Dental Hygienists' Association	Mar 7, 2020
Peak Dental Study Club	Mar 6, 2020
Kern County Dental Society	Feb 21, 2020
AZPerio Hygiene Seattle Study Club	Feb 13, 2020
Dentsply Sirona National Sales Meeting	Feb 11, 2020
Arizona Dental Association	Jan 31, 2020
AZPerio Hygiene Seattle Study Club	Jan 23, 2020
AZPerio Hygiene Seattle Study Club	Jan 22, 2020
Lightwave Dental Study Club	Jan 17, 2020
Colorado Dental Hygienists' Association	Nov 8-9, 2019
Texas Dental Hygienists' Association Wine Tour	Nov 1-2, 2019
Sanders Board Preparatory West Coast University	Oct 25-27, 2019
Orange County Dental Hygienists' Society	Oct 19, 2019

For Speaking Engagements before 2019, visit www.KatrinaSanders.com/Calendar




CONTACT

 (612)-345-1150

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 11035 N 32nd ST
Phoenix, AZ 85028

PROFESSIONAL PROFILE

Innovative, passionate and driven dental hygiene educator and author; an integral contributor and key influencer to a professional and learner-centered educational environment.

EDUCATION

Northern Arizona University; Flagstaff, Arizona
Masters of Education, Educational Leadership, emphasis in Higher Education
Graduated December 2016 with Distinction,
Phi Kappa Phi Honor Society

University of Minnesota; Minneapolis, Minnesota
Bachelor of Science, Dental Hygiene & Preventive Sciences
Graduated May 2007, Deans List

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SPEAKING ENGAGEMENTS


OraPharma Pharmaceuticals Speaker Bureau	Oct 18, 2019
Huedec Dental Meeting	Oct 16, 2019
Harcum Homecoming	Oct 12, 2019
The Hygienist Circle by Dentsply Sirona	Oct 10, 2019
Dentsply Sirona World	Oct 3-5, 2019
Central Arizona Dental Hygienists' Association	Sep 28-29, 2019
Extreme Hygiene Study Club	Sep 26, 2019
Georgia Dental Hygienists' Association	Sep 21, 2019
Oklahoma Dental Hygienists' Association	Sep 20, 2019
Montana Dental Hygienists' Association	Sep 13, 2019
Let's Taco 'Bout D4346	Aug 20, 2019
Arizona Impact Conference	Aug 16, 2019
RDH UOR	Jul 31-Aug 2, 2019
APMA Annual Scientific Meeting	Jul 11-12, 2019
ADHA	Jun 21-23, 2019
OraPharma University	Jun 14, 2019
Sanders Board Preparatory West Coast University	Jun 7-9, 2019
Seattle Study Club	May 21, 2019
AZPremier Hygiene Study Club	May 2, 2019
Hu-Friedy/EMS Train the Trainer	Apr 25-26, 2019
Prosthetics & Pinot	Apr 23, 2019
The Oral-Systemic Myth	Apr 19, 2019
One Night Only	Mar 1, 2019
AZPremier Hygiene Study Club	Feb 28, 2019
AZPremier Hygiene Study Club	Feb 27, 2019
Old Dominion University Winter Weekend	Feb 23, 2019
AZPremier Hygiene Study Club	Feb 7, 2019
ACFAS Great Lakes Region Surgical Jamboree	Jan 26, 2019
Sanders Board Prep Spring 2019	Jan 18-20, 2019
Dental Speaker Institute	Jan 5, 2019

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INSTRUCTIONAL EXPERIENCE

Sanders Board Preparatory, Owner & Lecturer (Phoenix, AZ) 2017 - Present

Fortis College, Dental Hygiene Program (Phoenix, AZ) 2013 - 2017

Full-Time Faculty; Curriculum Development; Lead Clinic Coordinator; Author

Course: Computer Applications, Coding & Billing

Didactic and laboratory instruction related to electronic patient health records in addition to the introduction to dental hygiene in relation to preclinical work.

Course: Process of Care II ~ Local Anesthesia & Nitrous Oxide

Didactic instruction for students as they prepare for their written examination. Clinical instruction for students as they prepare for adjudication in their clinical examination. Administration of mock WREB examinations to evaluate success of student learning.

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Didactic instruction for students as they prepare for their written examination. Clinical instruction for students as they prepare for adjudication in their clinical examination. Administration of mock WREB examinations to evaluate success of student learning.

Course: Process of Care III ~ Capstone Coursework

Didactic instruction for capstone work developed as a six-week boards review course in which content expert lectures are included to prepare students for their National Boards Examination. Curriculum development.

Course: Career Success

Didactic instruction for students as they prepare for their careers in dental hygiene along with coordination of mock interviews.

Course: Dental Hygiene Clinic


Lead clinical instructor for students as they prepare for clinical practice through hands-on instruction of periodontal instrumentation. Coordination of mock boards examination. Extensive didactic coursework in case studies, clinic grand rounds and boards review sessions.

Fortis College, Continuing Education (Phoenix, AZ) 2015 - 2017

Course: Local Anesthesia & N2O Administration for the Dental Hygienist
Board approved nationally-delivered course for distance learners in local anesthesia utilizing BlackBoard and video editing through iMovie and PowerPoint narration.




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INSTRUCTIONAL EXPERIENCE

Fortis College, Bachelor of Science in Dental Hygiene (Phoenix, AZ) 2016 - 2017

Curriculum development in bachelor coursework for degree completion: Leadership and Management in Healthcare and Pedagogy & Technology in the Classroom. Scheduled to teach online courses beginning Summer 2017.

Dental Hygiene Integrations, Board Member & Lecturer (Phoenix, AZ) 2016 - 2018

Active board member and lecturer for continuing education of the dental hygiene professional through a national delivery of coursework.

SUMMARY OF QUALIFICATIONS

Dental Hygiene Licensure

Licensure through Arizona Board of Dental Examiners - License Number: H 6304
Licensure through Dental Hygiene Committee of California - License Number: RDH31045

Expanded Restorative Functions Certification

Pre-clinically and clinically competent and certified to place: Class I, II, and V amalgam restorations, Class I and V composite restorations, stainless steel crowns on the primary dentition, and Class I, II, and V glass ionomers.

Local Anesthesia and Nitrous Oxide Administration


Certified to deliver local anesthesia and nitrous oxide sedation under dentist supervision.

Laser Certification

Certified to utilize soft tissue diode laser for periodontal management.


Basic Life Support, CPR, AED, First Aid Certification

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CLINICAL EXPERIENCE

Technological Proficiencies

Dentrix. Dexis. Eaglesoft. axiUm. ScanX. Intraoral Camera. Bluenote Communicator. CariVue. Periovision. Engrade. BlackBoard. CampusVue. Microsoft Office. iMovie. Pages. Endnote.

Outreach Clinics

Indian Health Board, Walker Methodist Senior Dental Clinics, Community University Health Care Center, Mobile Dental Unit, Children's Dental Health Services, Hibbing Dental Clinics.

Humanitarian & Philanthropic Efforts

Oral Esencial: dental mission in Puerto Penasco, Mexico providing dental services.

Fuerza Buena: dental mission in Puerto Penasco, Mexico providing dental hygiene services to the community and several orphanages. Delivery of anesthesia & simple extractions.

Arizona Mission of Mercy: Delivery of anesthesia for oral surgery.

CLINICAL WORK EXPERIENCE

AZPerio (Phoenix, AZ)

2018 - Present

Clinical Liaison, Hygiene Excellence & Innovation: Clinical hygienist in periodontal setting, providing education and research strategies.

Dental Depot (Phoenix, AZ)

2008 - Present

Dental Hygienist: Many comprehensive periodontal patients. Dental anesthesia delivery.

Midwestern University (Phoenix, AZ)

2017 - 2018

Dental Hygienist: Clinical hygienist in educational setting for dental students.


Trans Zen Dental (Scottsdale, AZ)

2011 - 2017

Dental Hygienist: High end cosmetic office specializing in full mouth rehab cases.




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ACCOLADES

Metro Dental Fellow Student Mentor Award	2007
Community Dentistry and Dental Public Health Award, The American Association of Public Health Dentistry	2007
Kathleen J. Newell Dental Hygiene Student Achievement Award, University of Minnesota Alumni Association: In recognition of outstanding personal character, leadership and scholarship	2007
Who's Who Among Students in American Universities and Colleges	2006, 2007
Minnesota Dental Hygienists' Association Scholarship recipient	2006

PUBLICATIONS

Geisinger, M. Sanders, K. (2020). <i>Creaky joints and bleeding gums: The interaction between periodontal disease and rheumatoid arthritis. Dental Academy of Continuing Education.</i>	2020
Sanders, E. Sanders, K. (2020). <i>The ABCs of HbA1c: A review of in-office diabetes testing for the dental professional. Dental Academy of Continuing Education.</i>	2020
Sanders, Katrina M. <i>Introduction to the Dental Hygiene Profession.</i> 3rd edition. Gos Publishing.	2016
Sanders, Katrina M. <i>Introduction to the Dental Hygiene Profession.</i> 2nd edition. Gos Publishing.	2015
Sanders, Katrina M. <i>Introduction to the Dental Hygiene Profession.</i> 1st edition. Gos Publishing.	2015

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ARTICLES

Swishing out viruses with new research from CloSYS oral care (RDH Magazine)	Oct 2020
Drink to Your Health (Inside Dental Hygiene)	Oct 2020
Cultivate a Thriving Career (Inside Dental Hygiene)	Aug 2020
Strength (DeW Life Magazine)	Spring 2020
20/20 Vision on Dental Hygiene (Oral Health Group, Canada)	Feb 2020
The Systemic SHOULD of Dentistry (Modern Hygenist)	Oct 2019
The Future of Dental Hygiene (Modern Hygenist)	Sep 2019
Take a Bite Out of Nutritional Counseling (Modern Hygenist)	Aug 2019
Celebrating the Red, White and Blues of Dental Hygiene (Modern Hygenist)	Jul 2019
Gingivitis: A Wolf in Sheep's Clothing (Hu-Friedy)	Jul 2019
5 Tips for New Dental Hygienists (Modern Hygenist)	Jun 2019
The Devil Wears a Patient Bib (Modern Hygenist)	May 2019
Is Dentistry Moving in Reverse? (Modern Hygenist)	Apr 2019
Veterinary Dentistry Barks Up the Right Tree (Modern Hygenist)	May 2019
5 Ways to Fall Back in Love With Dentistry (Modern Hygenist)	Feb 2019
4 Life-Saving New Year's Resolutions (Modern Hygenist)	Jan 2019
The 5 Patients on Santa's Naughty List This Year (Modern Hygenist)	Dec 2018
Dear Dental Insurance Patient... (Modern Hygenist)	Nov 2018
5 Phrases Hygienists Need to Stop Saying to Patients (Modern Hygenist)	Oct 2018
Assisted Hygiene Part 2: Are Your Patients Prepared? (Today's RDH)	Sep 2018
The Top 5 Geriatric Product Trends (Modern Hygenist)	Aug 2018
Are You Suffering from Burnout? (Modern Hygenist)	Aug 2018
Assisted Hygiene Part 1: Is Your Office Prepared? (Today's RDH)	Aug 2018
The Top 5 Pediatric Dental Trends of 2018 (Modern Hygenist)	Jun 2018
A Day in the Life of a Dental Hygienist (Modern Hygenist)	May 2018
The Medical History Mistake Every Dental Provider Makes (Modern Hygenist)	May 2018



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Corporate vs. Private Practice: Which is Better for Hygienists? (Modern Hygienist)	Mar 2018
The 5 Injection Techniques You Need to Master (Modern Hygienist)	Mar 2018
10 Great Date Ideas for Dental Hygienists (Modern Hygienist)	Mar 2018
Dear IA Nerve Block: It's Not Me, It's YOU! (Today's RDH)	Jan 2018
Gen Y Aren't They In Your Office? (DentalTown)	Jan 2018
The 5 New Year's Resolutions Every Dental Hygienist Should Make (Modern Hygienist)	Dec 2017

PROFESSIONAL MEMBERSHIP

Central Arizona Dental Hygienists' Association, active member
Western Society of Periodontology, active member
BOON, executive advisory board member
American Dental Hygienists' Association, active member
The American Association of Public Health Dentistry, active member
School of Dentistry Student Council, Dental Hygiene Class President
School of Dentistry Alumni Society, advisory member
Council of Health Interprofessional Programs, Executive Committee Member
American Dental Education Association, active member
Dental Hygiene Innovations, advisory board member, instructor
Phi Kappa Phi Graduate Honor Society, distinguished member



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EDITORIAL ADVISORY PANEL

Dentistry IQ | RDH Magazine | Dental Academy of CE

Dental Products Report | Modern Hygienist

Women in Dentistry

Dental Speakers Bureau | Dental Speakers Institute

MEDIA

Tooth or Dare Podcast - *Cohost*


A Tale of Two Hygienists Fast Facts, Perio Edition - *Host*

AMBASSADORSHIP

Dimensions of Dental Hygiene Brand Ambassador




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