

# Tabitha Acret

Registered Dental Hygienist



NSW, Australia

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## About Me

As a skilled and professional dental hygiene clinician, with an enthusiastic and energetic nature, I am recognized for my tenacity in getting things done. I am also known for my national and international presence in the dental industry, having created a network of oral health professionals through various speaking engagements and active membership participation.

## Work History

**Sydney Univeristy** 2020-Current

**Hunter Periodontics and Implants** 2020-Current

**Grass Roots Dental** (Darwin, NT)

Senior Dental Hygienist 2017 – 2020

**EMS Australia/New Zealand**

Education Manager 2019 – Present

**Sydney Dental Surgeons** (Sydney, NSW)

Senior Dental Hygienist 2011 – 2017

**Kingston Dental Surgery** (Kingston, ACT)

Dental Hygienist 2009 – 2011

**Inform Dental** (Sydney, NSW)

Practice Manager 2006 – 2009

## Education & CE

**Newcastle Univeristy**

Graduate Certificate Public health 2020

**Newcastle University** (Newcastle, NSW)

Bachelor of Oral Health, Dental Hygiene 2008

## Experienced Clinician | Passionate Leader

## Leadership Accomplishments

- Presented Dental Hygienists Association Australia's 2018 leadership award for providing volunteer service and mentorship to national community of professionals, Clinical Excellence Award 2019 at IFDH 2019 for contribution to Implant dentistry
- Teach airflow technology and periodontal treatment through EMS's Swiss Dental Academy training courses across Australia and New Zealand, including International GBT Congress with Professors Andrea Mombelli and Axel Spahr
- Oversaw 170% increases in membership, and subsequently reached record-breaking attendance and dues revenue while serving as NSW DHAA President
- Demonstrated ability to create and retain key relationships with dental company representatives across Australia, which has led to invitations to speak and participate in various events
- Experienced in working with recent dental hygiene graduates to help encourage and inspire their active participation in the profession
- Assisted in streamlining of processes and protocols for the CPD as it merged to become one national association with DHAA
- Served as lead hygienist in practice setting, including oversight of three hygienists and departmental protocols for treatment
- Refined practice management skills of accounting, production tracking, staff management, marketing, and protocol implementation while working three years at Inform Dental (prior to dental hygiene school)

## Clinical Skills

- Demonstrated clinical proficiency, providing efficient, valuable, patient-first service to people of diverse backgrounds, ages, and conditions
- Passionate preventative care advocate with a strong emphasis on oral health education
- Thorough in reviewing patient histories, oral cancer screenings, treatment planning, and paperless charting
- Effective in identifying periodontal disease, performing scaling and root debridement, laser therapy, antimicrobial placement, and implementing an effective home care and recare protocols
- Unique ability to instruct and educate patients, while resolving concerns using motivational dialogue
- Skilled at consulting with patients on a variety of complex oral-systemic health issues, including dietary counseling and smoking cessation
- Diligent in following protocols of infection control, workplace safety guidelines, and patient privacy compliance
- Tech-savvy with experience in a variety of software, dental photography, ultrasonic scalers, and oral cancer and caries detection devices
- Adept in the application of dental sealants and fluorides, dental lab work, pouring models for trays and models, and advising on whitening, orthodontic, and myofunctional options and practices

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Compassionate Caregiver, Clinician, and Mentor

## Significant Continuing Education

*Exceed CPD requirements each year, including the following:*

- 2019 Malo Clinic all-on-four certification- Portugal
- 2018: Implant Care Practitioner Certification Washington DC
- 2017: Train the Trainer training, EMS International, Switzerland
- 2016: Advanced Dental Hygiene Practices LVI, Las Vegas; The Dental Diet, Dr Steven Lin, Sydney; Myofunctional Therapy LVI, Las Vegas; EMS Techniques;
- 2016: Modern Prophylaxis Techniques Workshop, Prof Axel Spahr; Medical Emergency Training, Cynergex; Dental Digital Photography Beginners and Advanced; Mouth guards ADA
- 2014: Prime Practice Advanced Communications
- 2013: Advanced Myofunctional Therapy Training MRC, Gold Coast
- 2012: Whitening certification UQ Brisbane; Laser Certification UQ Brisbane
- 2011: Myofunctional Training, Dr John Flutter Sydney
- 2008: Mini Residency, Dr Steven Olomos Craniofacial Pain; Orthodontics level 1, 2, 3 Dr Tony Simeon

## Significant speaking engagements

IDEM 2020

RDH UOR 2020

International Hygiene Symposium 2020

ICOI Texas Feb 2020

ADA convention 2020

NZDHA 2019

NZDA 2018

ICP- 2020,2019,2018

## Professional References

- Available on request

## Professional Volunteer Work

- Currently developing an oral health project for indigenous adults receiving dialysis in rural and remote areas.
- Service as National Chair of CPD for Dental Hygienist's Association Australia and coordinate national strategic planning for the organization that includes oversight of state chairs
- Active service with NSW Dental Hygienists Association, including: Northern Territory Director; National Vice-President; President and Chair; Student Engagement and Membership Chair
- Participated on three national symposium Australia planning committees, including International Federation of Dental Hygienists Planning Committee for International Symposium 2019 in Brisbane, Australia
- Work as moderator/expert to the Implant Uncovered online study group
- Serve as administrative volunteer at Yoga Impact, a charity for refugees
- AVVGB Vietnam: Dental Aid Volunteer
- Dental Health Foundation: Dental Aid Volunteer
- Regularly volunteer at pre-schools for oral health promotion

## Speaking and Writing

- Delivered numerous presentations across Australia, New Zealand, USA and Indonesia on patient motivation, prevention, non-surgical periodontal therapy, maintaining the orthodontic patient, implant maintenance and therapy, periodontal classifications and treatment planning and employability following graduation
- Hosted several national and international webinars
- Authored articles for Australian oral health magazine and Middle East and India Dental Tribune, some of which have been translated into Romanian, Chinese, and Arabic
- Articles in Diabetic living, better homes and gardens, and various life style magazines

## Registrations and Memberships

- Registered Dental Hygienist with AHPRA
- Indemnity Insurance MIPS
- Member of Dental Hygienists Association
- Member of Australian Periodontal Society
- Member of Perio/Hygienist Study Club
- Member of Academy of Sleep Medicine
- Founder of the CPD Study Club of Sydney
- Laser Certification
- Whitening Certification
- CPR for Healthcare Provider Certification