

Nibras Elhag Arabi

📍 Khartoum, Sudan ✉ nibrasomerarabi@gmail.com ☎ +249-90 675 8821 in Nibras Elhag Arabi

📄 PROFILE

Dental public health MSc graduate from University College London (UCL). With a keen interest in Public Health and research involving oral health, health systems, health inequalities, and health promotion. And I am also interested in children's health and well-being, focusing on physical punishment and child abuse.

📁 PROFESSIONAL EXPERIENCE

- Monitoring and Evaluation intern, Catholic Medical Mission Broad (CMMB)** Jan 2022 – May 2022
New York, USA (Remote)
Responsibilities include:
- Analyse CMMB project data - KAP (Knowledge, attitude and practice) survey data - in South Sudan, Kenya, Zambia, Haiti and Peru. Analysis was done by using excel for statistical analysis (regression).
 - Create weekly MEL (Monitoring, Evaluation and Learning) updates for all CMMB members to enhance organizational learning about current and previous projects that CMMB has been working on.
- Research Intern, World Federation Of Public Health Associations (WFPHA) - Oral Health Workforce** Nov 2021 – Apr 2022
Geneva, Switzerland (Remote)
Responsibilities include :
- Conducted literature review about social determinants of health and oral health and explore the impact of mHealth/mOral Health resources on the social determinants of Health/Oral health outcomes.
 - Wrote a viewpoint about oral health and social determinants of health in addition to an article about oral health and WHO resolution.
- Research assistant, University College London (UCL)** Nov 2021 – Jan 2022
London, UK
Responsibilities include :
- Conduct scoping reviews using Rayyan software as part of a project related to upstream interventions to promote oral health and reduce inequalities.
- MSc Dissertation Project, University College London (UCL)** Jul 2021 – Sep 2021
London, UK
- Research topic: longitudinal association between physical punishment and teacher-reported socioemotional difficulties – results from the Millennium Cohort Study.
 - Work done: Analysed data from the Millennium Cohort study sweep 3, 4 and 5 using multiple logistic regression performed in STATA16 to check the association between mother-reported physical punishment at age 3 and teacher-reported socio-emotional difficulties at age 7.
 - Achievements: Dr Gillian Stoltman and Dr Joseph Stoltman Prize for the best dissertation for the Dental Public Health programme at UCL
- Member and previous head of Youth Office, Sudanese Childhood Diabetes Association and Centre (SCDA),** Mar 2016 – Sep 2020
Khartoum, Sudan
Responsibilities include :
- Managing, training, and mentoring a team of volunteers to organise diabetes and health advocacy programs at Khartoum schools and community clubs.
 - Create social media content to educate the community on diabetes and healthy living and teach school teachers and families how to provide emergency care to diabetic children.
 - Organise SCDA events like World diabetes day and fund-raising events
 - Educating diabetic children and their families about oral health and how to prevent future oral diseases regarding their cases and giving oral examinations.

Dental Experience

10/2019 – 07/2020 General Dental Practitioner, Crystal Dental Clinic
05/2018 – 04/2019 Dental House Officer, Ministry Of Health
09/2017 – 04/2018 Dental Assistant, Future Dental Private Clinic
03/2017 – 09/2017 General Dental Practitioner, National Ribat University Hospital

Mar 2017 – Jul 2020
Khartoum, Sudan

EDUCATION

MSc. of Dental Public Health,

University College London (UCL) - Institute of Epidemiology and health care

Sep 2020 – Sep 2021
London, UK

Diploma of research methodology and ethics, University of Maryland & Almeelain University

2018 – 2019
USA & Sudan

BSc. of Dental Surgery, University of Khartoum

Faculty of Dentistry

2011 – Nov 2016
Khartoum, Sudan

SKILLS

Data analysis using STATA | Survey Analysis | Writing statistical reports
Evaluation & monitoring of health systems and programmes | Critical appraisal of research papers
Literature reviewing | Evidence-based health promotion | Health policies creation | Writing policy briefings
Experience in successful management of diverse groups of people
Public speaking & presentations skills (In-person and remotely)
Proven adaptability to different cultures and environments | Technical writing | Flexible working environment
Excellent use of Microsoft office (Word, Excel, PowerPoint, Outlook and Teams) | Planning and organizing health projects
Teamwork and collaboration | Time management | Research | Leadership | Public Health

AWARDS AND CERTIFICATES

Dr. Gillian Stoltman and Dr Joseph Stoltman Prize for the best dissertation for Dental

Public Health programme, University College London

Feb 2022

Chevening scholarship award, UK Government

A highly reputable UK Government full scholarship for postgraduate study programs in the UK

2021

Certificate of permanent Registration, Sudan Medical Council

2019

Membership of joint dental faculties exam (MJDF) part 1,

Royal College of Surgeons of England

2017

ORGANISATIONS

Global Aid Hand Organization Sudan

Travelled to Wad Ramli during a flood camp to do work on sanitation, waste management activities and raise awareness about epidemic diseases.

2019 – 2020

Sudanese Association of Dental students (SADS) and International Association of Dental Students (IADS)

2011 – 2016

- Participated in local and international dental convoys designed to tackle dental problems in impoverished areas in Sudan. As I was a part of the leads working with teams of fellow dentists to treat severe cases of dental diseases as well as designing health awareness campaigns to ensure the sustainability of dental and general health in these areas.
- Participated in the voluntary dental project held in Nepal in March 2016 organized by the international association of dental students IADS and Sairam dental care. Where I led an organizing committee of dental students from all around the globe, where we offered free dental service to local communities in Nepal including (dental examination, scaling, fillings, and extractions), and provided dental health education and health promotion programs for school children.
- Higher organizing committee member of Sudan International Dental Voluntary Convoy 2016. As the head of the external, I was responsible for the office's digital relations, meaning I had to manage the dental convoy's online presence, run their Social Media accounts, as well as communicate and network with their different representatives in participating countries.

Association of Dental Students University of Khartoum (ADSUK), Memeber

2011 – 2016

 **COURSES & TRAININGS**

Advance Youth leadership Program, UNDP-Sudan Worked in the peace-building sector.	2020
Youth Leadership Program (YLP), UNDP-Sudan	2019
Health promotion and community-based surveillance in flood affected communities, <i>Global Aid Hand Organization</i>	2019
International association of dental students IADS and FDI world annual dental congress	2015
First Sub-regional Leadership Camp, Sudanese Association of Dental Students (SADS) and International Association of Dental Students (IADS) Had sessions on time management, project management, conflict management, communication skills, team building, and leadership skills.	2014
BLS/AED Provider Course, European Resuscitation Council Course	

 **REFERENCES**

Julia King, *Manager, Monitoring and Evaluation*, Catholic Medical Mission Broad (CMMB)
JKing@cmmmb.org

Gemma Bridge, *Independent public and oral health researcher*, World Federation of Public Health Associations (WFPHA)
glbridge1@hotmail.co.uk

Anja Heilmann, *Associate Professor in Dental Public Health*,
Research Department of Epidemiology and Public Health - University College London (UCL)
Anja.heilmann@ucl.ac.uk