

Shelley Brown



Dental Hygienist
MEd. AS, BSDH, FADHA
801-367-0219

shelleyDbrown@gmail.com

[linkedin.com/in/Shelley-Brown-RDH](https://www.linkedin.com/in/Shelley-Brown-RDH)

[@Shelleythehygienist](https://www.instagram.com/Shelleythehygienist)

Mobile Public Health Clinician
Content Creator-Hygiene Edge
Faculty-Utah College of Dental Hygiene
Key Opinion Leader
Author
Speaker

EMPLOYMENT HISTORY

Dental Hygienist

2008 - Present

Duties: Therapeutic and preventive oral health treatments, marketing, implementation of recall systems, training/hiring for the dental hygiene department, policy implementation, reaching daily production goals.

Hygiene Edge, CEO/Co-founder

2014 - PRESENT

Duties: creation of helpful videos for dental hygienists, maintaining the Hygiene Edge website and YouTube channel, management of taxes, billing, accounts receivable.

Utah College of Dental Hygiene, Adjunct Faculty *Dental Hygiene Educator*

2009 - PRESENT

Clinical Faculty duties:

- Manage a team of 5 students during patient treatment
- Train students on proper assessment techniques
- Evaluate students on clinical processes and procedures
- Train and mentor new clinical instructors
- Calibrate fellow clinical instructors
- Guide students to correct dental hygiene diagnosis
- Educate on proper therapeutic techniques

Didactic Courses Taught:

- Embryology and histology
- Pediatric and Adolescent Populations
- Periodontology I
- Expanded Functions with lab
- Dental Materials with lab
- Practice Management
- NBDHE Board Review

Homebound Smiles, CEO/Founder

2019 - PRESENT

Duties: providing mobile dental hygiene services to homebound patients

CPR Instructor, CEO/Founder

2021 - PRESENT

Duties: Managing and performing CPR courses for dental professionals through the American Heart Association



Research Assistant: Clinicians Report/TRAC Research: 2023 provided assistance to transfer collections and samples to aerob-chambers with great care and organization. Prevent and identify cross-contamination. 2024 provide care to patients using air powder polishing techniques to provide feedback for research on training

Dental Assistant

2001-2008

Duties: all aspects of 4-handed dentistry including: restorative and surgical procedures and expanded functions.

EDUCATION

Western Governors University – *MEd Masters of Instructional Design* Graduation: 2019

- Scholarship recipient
- Capstone project topic: Teaching 2018 AAP Classifications to Dental Hygienists

Utah College of Dental Hygiene, – *BSDH* Graduation: 2008 with high honors

- Recipient of K. Molen Presidential Top Student Award
- Oral B Scholarship

Idaho State University, – *AS Biology* Graduation: 2006 with honors

- Gamma Beta Phi honors society

Idaho State University – *Dental Assisting Certificate* Completed: 2001

- After high school program

American Heart Association CPR Instructor Completed: 2021

Duties: providing cpr training to those in need of basic life support certification



EXPERIENCE

Website Creation: Creation and maintenance of the sites myrdh.com and hygieneedge.com. Managing subscribers and newsletters.

Key Opinion Leader: Contributor to the Hygiene Edge social media platforms such as Instagram, Facebook, Pinterest, Amazon and YouTube. Working with companies to educate dental professionals about implementation of their products.

Blogger: Providing quality content for sites such as hygieneedge.com, spear.com, myrdh.com, dentiumclub.com.

Video Creation: Writing, researching, directing, filming, and editing videos via Adobe Premiere Pro. Production of Hygiene Edge Videos, 25 million views, 500+ Videos created.

Podcasting: Researching and preparing and presenting content for dental educators

- A Tale of Two Hygienists Podcast
- Hygiene EDGEducators
- Yoga Teeth Mindful Podcast
- Hygiene Elevated 2024
- Brush With Britt- 80. Public Health Hygienist - Mobile Dentistry 2024
- Dental Products report
 - Thinking outside the box for dental practice solutions-. Episode 37 Dental Products report
 - Mastermind - Episode 38 - Providing Dental Care for Older Patient Populations
 - Mastermind - Episode 40 - Things Never (or Always) to Say to Patients and the Dental Team



ARTICLES PUBLISHED



Dentistry IQ/RDH Magazine ([clickable links](#))

- [How to give nitrous oxide to your patient](#)
- [How to remove and overhang](#)
- [Flossing a lingual bar](#)
- [Buccal object rule](#)
- [Oral cancer screening review](#)
- [Blood pressure review](#)
- [Troubleshooting the inferior alveolar nerve block](#)
- [Grading periodontitis](#)
- [Anterior Middle Superior Alveolar Nerve Block Review](#)
- [Is SDF the new sealant? 2023](#)
- [Removal of the Root Surface Smear Layer 2024](#)

Dental Products Report

- [A New Adjunct Treatment For Periodontal Infections](#)

Oral DNA labs

- [Oral cancer screening tools](#)

Today's RDH

- [Hygiene Mathematician or Clinician](#)

AUTHORED BOOKS

- [Tips for passing the clinical boards](#)
- [Guide to the 2017 AAP classifications](#)
- [Injections made easy](#)

SERVICE

- Teens_Teeth_RDH Instagram account moderator bringing awareness to oral health disparities in the adolescent population.
- Give kids a smile 2007, 2015, 2008, 2023, 2024
- Special olympics utah
- UDHA Secretary 2020/2021
- Jr. High School career day dental presenter 2023, 2024
- 2024 Utah Dental Hygienists Association Master of Ceremonies for student session
- 2023 Utah Dental Hygienist Association lobby day speaker
- Elementary school career day presenter 2024
- 2024 Utah Dental Hygienists Association Master of Ceremonies for student session



ACCOLADES



- Today's RDH Honor Award Recipient 2021
- Board Member RDH Magazine 2023
- ADEA Member
- Dr. Kenneth Molen Top Student Award 2008
- 2023 Denobi Award Nominee
- Mobile and Teledentistry Alliance 2023
- American Dental Hygienists' Association Fellow 2023
- 2023 Ondiem Award nominee
- AMTA's Top 50 Teledentistry Leaders to Know in 2023
- 2024 Denobi Award Nominee
- 2024 Utah Dental Hygienists' Association Outstanding Clinician Award
- 2024 YouTube Silver Button for Reaching 100,000 Subscribers

EDUCATIONAL SPEAKER

Preparing content and speaking at various continuing education courses.

LDS Academy of Dentists

- "Choose The Right Instrument"

Dental Con

- "Small Changes With A Big Impact"

Elevate Oral Care

- "Oral Health Through Cancer Therapy" 2024

CE Zoom

- "Making Anesthesia Stick"
- "The Solution May Be the Solution"
- "Nutritional Counseling"
- "What's in the Goody Bag"
- "Anesthesia-Let's Break It Down"
- "Pain Control Before During and After"
- Beam Me Up Biofilm (1400 attendees)
- "Ethics in Dentistry"
- "Oral Health from Infancy to Adolescence"
- "Instrumentation and AI"
- "Medical Emergencies: Prevention to Intervention"
- "Oral Care for Those with Cancer"
- "Tiny Teeth BIG Habits" (300 attendees)
- "Liquid Silver Solid Protection"
- "Minerals Matter"

Utah Dental Hygienists Association

- "Dental Fads"
- "Instrumentation Basics"
- "Better Oral Hygiene Education"
- "Student Transition Into Private Practice"
- "2017 AAP Classifications"
- "Tips for the Covid Hygienist"

Wasatch Dental Hygiene Study Club

- "Care for The Geriatric Population"
- "Getting on Patients Nerves"

Today's RDH

- "Conditions of the Nerves"
- "AAP Classifications of Health, Gingivitis, Implants and Periodontitis"

Young Dental

- "AAP Classifications of Health, Gingivitis, Implants and Periodontitis" (2023= 3000 attendees)
+2024



Continued



RDH Inner Circle

- "A New Generation of AAP Classification"

Cloud Dentistry

- 2023 "Implementation of AAP Classification" (1600) registrants

RDH Under One Roof

- "Raiders of the Lost Art of Instrumentation" 2023
- "In Our Advanced Instrumentation Era-A Swift Journey to Advanced Instrumentation" 2024

RDH Extended

- "Intentional Instrumentation" 2024

Henry Shein

- "AI and AAP Classifications" (800 attendees)
- "Building Trust Through Motivational Interviewing"

Dental Learning

- "Artificial Intelligence and the Periodontium"

Smile Brands

- "Snap-Crackle-Pop- what is the assessment telling you about your patient's nutrition?" 2024

National Mobile and Teledentistry

Conference

- "Caring for the Geriatric Population Panel"
- "Biofilm Management With Sulfonated Phenolics" Mastermind Session 2024

Nevada Dental Hygienist Association

- "Beam Me Up Biofilm" 2024

Patterson dental Customer First Event

- "Periodontal Therapy with Purpose" 2024-Minnesota

Signature Dental DSO

- "AAP classifications" 2 virtual courses 2024

EDUCATIONAL METHODOLOGY COURSES

ANDY RDH Student board review event

- "Creating an Evidence Informed Classroom"

Hygiene EDGEducators

Hosting monthly meetings for educators on the topics below. Duties include: finding sponsors for the event, creating the topics and presentations to provide an applicable course.

- "Active Learning in the Dental Classroom"
- "Enhancing Course Building Blocks"
- "Methodology of Multigenerational students"
- "Educator Tips"
- "Navigating Student Feedback"
- "Let's Talk About Testing"
- "Active Learning Techniques"
- "Clinical Teaching Methods for a New Generation"
- "Improving Your Slide Deck"
- "Teaching for Retention"
- "Teaching in the Clinical Setting"
- "Flipping the Classroom"

